1: Meek E, G-5 (1925-1930) 1931
FF38 Katab FF38

273 liquid is drained off, leaving the sediment, poured into another pot, boiled and left to cool, and is then ready for use.

592 252 *Various Social Regulations.*—Each Katab woman takes one complete day's turn at cooking the food for the entire household, old women alone being exempted from this duty. Thus the principal wife of the head of the household may cook to-day, the second wife to-morrow, a son's wife on the following day, and so on. Numerous jealousies arise from the practice. A wife will take notice of the fact that her husband does not appreciate her cooking, and rival wives will watch to see that the food supplied by the cook of the day represents the amount of corn issued for that day. Women of the compound will charge the cook with having kept back a proportion of the corn in order [841] to sell it in the market for her own advantage. Women are not allowed to cook during their menses. Food cooked by a woman in this condition is said to affect the eyesight of the person who eats it. Married women help their mothers-in-law in various domestic duties, especially in the matter of the preparation of meals, and junior wives assist the senior wives. The senior wife, it may be noted, is the first wife married, and she may be a mere child in years to the second wife. The junior wives eat their 264 [595] meals at the porch of the hut of the senior wife, who is the president of the female society.

Men do not eat with women, and there are numerous rules as to who may eat from the same calabash. A father, for example, would avoid sharing his calabash with his eldest son; it would create disrespect. He would share his meal with his youngest son, or better still, with his grandson. The sons also have their own rules. The eldest son would avoid sharing his calabash with the son immediately junior—he would share it with the next but one, and so on.

513 595 A Katab husband sleeps two nights successively with each wife. If he has a hut of his own his wife sleeps there; but otherwise he sleeps in his wife's hut. The first wife, we have said, is the senior wife socially, and she is the "real wife", for even if she abandons her husband she will usually one day return. [775] It is believed that in the future life a man has one wife only and that she is the woman he had first married.

512 *Daily Life.*—We may now give a rough summary of the daily life of the Katab. Rising at sunrise the head of the household